

**Member form:**

1st Name \_\_\_\_\_

2nd Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone No. \_\_\_\_\_

Alternate Contact No: \_\_\_\_\_  
\_\_\_\_\_

FOOD ALLERGIES (please state)  
\_\_\_\_\_  
\_\_\_\_\_

**TRANSPORT**

Own Transport Yes / No

Taxi Yes / No

PLEASE STATE ANY MOBILITY ISSUES YOU  
HAVE IN USING TAXIS  
\_\_\_\_\_  
\_\_\_\_\_

Please return form to

**Mrs Anne Dann**  
**7/3, Alexander Street**  
**Alexandria G83 0PG**  
**Tel: 07999957581**



**Church of Scotland Congregation**  
**No: 181174**

Church Office :  
apcoffice@hotmail.co.uk  
Tel: 01389 751143



**lets lunch**  
**Alexandria**  
**Bite & Blether**  
**Lunch Club**



**1 LOMOND ROAD,**  
**ALEXANDRIA,**  
**G83 8SJ (8RJ for Sat Nav)**  
[www.alexandriaparishchurch.com](http://www.alexandriaparishchurch.com)

**CONTACT : MRS ANNE DANN**

**TEL: 07999957581**

**BITE & BLETHER LUNCH CLUB**

**1st & 3rd Wednesday each month**

**12:00 - 14:00**

**Alexandria Parish Church Hall**

**TRANSPORT**

70% of members require a taxi to get them to the lunch club, others are transported by family and friends. We use TOA and members should be able to get to the road and use a standard taxi. The taxis pick up to 3 people and we ask members to be ready from 11:30. Taxis leave the hall at 14:00.



**Volunteers** are from Alexandria and Jamestown churches and we are also on the West Dunbartonshire Community Volunteer Service list which allows people interested in volunteering to join with us and develop their skills and community engagement.

Volunteers can opt to be part of the food preparation and cook team from 10:00—14:30 and / or meet and greet team from 11:00—14:30 which includes hall set up, serving food, blethering to members and clear up afterwards. Volunteers are expected to gain their food safety level 1 certificate through on-line learning and level 2 if cooking. Volunteers should be able to escort frail older people from the car park to the hall.

If you would like to join the lunch clubbers, then please complete the information on the form overleaf and return the form to our Co-Ordinator.

Your information will be held securely and only used for the purpose of lunch club organisation.

If you would like to volunteer please contact Anne directly.

**To contact the Lunch Club Co-ordinator – Anne Dann please ring 07999 957581**

The Bite and Blether Lunch Club (BBLC) started in June 2016 to allow older people isolated in the community to have the chance to come together in fellowship by sharing lunch together. It is funded by a grant from Dumbarton Presbytery, the Miss I C Kerr Bequest and donations from members who contribute to the cost of their meal.

Since May 2017 it has met twice a month on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of each month. We now have a total of 56 members (age range 70 – 98) and 25 volunteers. The volunteers work to a rota including meal preparation ( 2-course meal for 30 people) or Meet and Greet.

The Co-ordinator phones the members in rotation until she has 30 people attending the lunch club each time. This method proves beneficial in getting members to mix with others. We have members from Alexandria Parish, Jamestown Parish, Bonhill Parish, St Mungo's and the general community.

The kitchen holds a Hygiene Certificate from West Dunbartonshire Environmental Health Department.

